Thank you for purchasing our company's fascia gun. Before use,please carefully read the operation manual and pay special attention to safety precautions to ensure the correct operation and use of this product. The operation manual provides users with safe and effective operating methods. Please keep it properly stored after reading it for future reference and inquiries.

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01 Safety Guidelines

a) Important Safety Instructions

- To ensure safety and proper use of the product, it is necessary to thoroughly read the operation manual before use.
- Please strictly follow the intended purpose of the product as detailed in this operation manual.
- After charging or before cleaning the product, please unplug the power plug from the socket.
- To avoid overheating leading to fire, electric shock, or injury, do not operate the product under pillows or blankets.
- Do not cover during use to prevent the motor from overheating, which may cause malfunctions or damage. If the product is used or in proximity to children, individuals with physical or mental disabilities, or disabled persons, it should be supervised by others responsible for their safety.
- If you feel uncomfortable during the massage, stop the massage immediately. Do not use the product under the following circumstances: if the power cord or power plug is damaged, if the operation is abnormal, if it has been dropped or damaged, or if it has been immersed in water. Please contact the repair service center for inspection and repair.
- Do not use accessories not recommended by the manufacturer. Do not insert or drop objects into any opening of the product.
- This product is not intended for self-diagnosis or treatment. If diagnosis or treatment is needed, it should be handled by professional medical personnel.

b) Operating Environment

- Do not use the product in a humid or excessively dusty environment to avoid product malfunctions.
- Do not use this product in an environment where the room temperature exceeds 40°C.
- Do not place the product outdoors.
- Please do not place the product near electric heaters, stoves, or in direct sunlight.

c) Contraindications

If you have any of the following conditions, consult a physician before use:

- Individuals undergoing medical treatment or experiencing physical discomfort.
- Patients with hypertension, heart disease, cerebral arteriosclerosis, or cerebral thrombosis.
- Individuals with malignant tumors.
- Pregnant or menstruating women.
- Individuals with osteoporosis.
- Users of cardiac pacemakers or implanted medical devices.
- Individuals with acute illnesses.
- Minors (under 18 years of age).

d) Button & Power Cord Precautions

Button Operation:

- Do not operate controls with wet hands.
- Prevent contact between switches and liquids (e.g., water).

⚠ Power Plug & Cord Usage Guidelines

- Power Plug & Cord Usage Guidelines.
- Do not plug/unplug with wet hands to prevent electric shock or mechanical failure.
- Always grasp the plug body (not the cord) when disconnecting.
- Disconnect the power source after each charging session.
- Maintain safe distance between the power cord and heated surfaces.
- Avoid placing the cord under the product or heavy objects.
- Never wrap the cord around the device to prevent damage, electric shock, or fire hazards.
- Immediately cease use if the power cord/plug is damaged or the power outlet is loose.
- Never move the product by pulling the cord or use the cord as a handle.
- Damaged cords must be inspected/repaired by authorized service technicians.
- Never use non-original chargers to charge the product to prevent fire hazards.

Attention

- Do not place heavy objects on the device.
- Never use on the head or near the heart area (risk of life-threatening injury).
- Avoid direct application to the cervical/thoracic spine—use near the spine only
- Under medical supervision to prevent nerve damage.
- This product is not a sexual device (prohibited for intimate areas).
- Do not fall asleep during operation.
- Avoid use while intoxicated or physically unwell.
- Continuous operation must not exceed 30 minutes.
- Avoid bony or hard body areas—adjust intensity to prevent bruising.
- Refrain from use 1 hour before/after meals to avoid adverse effects.
- Environmental warnings: Do not operate in low ambient temperatures—gradually warm the device to normal range before use.
- If moved from cold storage, allow 1-hour acclimatization at room temperature to prevent condensation-induced mechanical failure; immediately discontinue use if abnormalities occur.
- Avoid use during thunderstorms to prevent electrical surges.
- Keep fingers, hair, and body parts clear of the impact shaft to avoid personal injury.



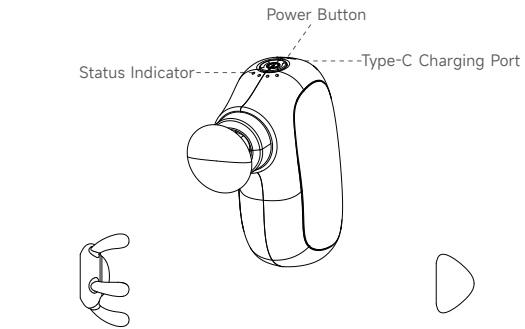
Do not touch this area before installing the massage head and starting the machine.



Avoid touching this area when the massage head is installed and the machine is running.

02 Product Descriptions

a) Component Overview



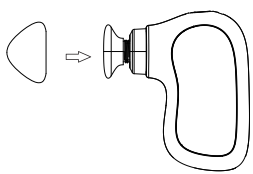
Finger-shaped Massage Head

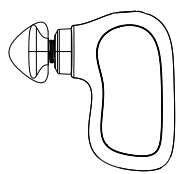
Targeted application:
Neck, head, arms, etc.

Tapered Massage Head

Targeted application:
Specific body areas and muscle groups

b) Massage Head Attachment Diagram





03 Use Instruction

Choose the appropriate massage head and grip the device firmly. Follow these steps for power operation and intensity selection:

1. Long-press the power button (●) to activate the device (starts at Level 1; white LED indicators illuminate).
2. While powered on, short-press the power button to cycle through levels:
   Level 1 → 2 → 3 → 4 → 1
   LED indicators correspond to levels (1 light for Level 1, 2 lights for Level 2, etc.).
3. During operation, the product displays 4 levels of pressure feedback: Level 1 activates 1 pink light, Level 2 activates 2 pink lights, and so on; exceeding Level 4 pressure may trigger motor stall and shutdown. In case of a stall, all 4 red lights will blink slowly, then return to normal display and standby mode (short-press the button to resume the pre-stall intensity level), and the device will automatically shut down when the timer expires.

The product automatically shuts down when the timer expires.

1. Long-press the power button during operation to force shutdown.
2. The first indicator flashes red when battery is critically low (charging required).
3. During Type-C charging, white LEDs dynamically indicate battery status: 1 steady light + sequential blinking at low charge, progressing to 4 steady white lights when fully charged.

Warning:

- The product has a cumulative operating time of 5 minutes and will auto-shut-down upon expiration, requiring a restart to resume operation.
- Avoid frequent power cycling; wait at least 3 seconds after shutdown before reactivating.
- Immediately power off the device if discomfort occurs during use.
- Disconnect the power plug from the outlet once charging is complete.
- In the event of a power failure during charging, unplug the power cord immediately to prevent hazards.

04 Product Speficication

Product Name	Massage gun
Product Model	8000Q5
Rated Input Voltage	5V ⎓
Rated Input Power	10W
Battery Capacity	580mAh (Energy: 4.292Wh)
Usage Environment	Operating Temperature：0°C to 40°C Relative Humidity：10% ~ 90% RH
Storage Environment	Ambient Temperature：-10°C to 60°C Relative Humidity：10% ~ 90% RH
Dimensions (L×W×H)	Approx. 90 × 78 × 40 mm
Timer Duration	5 minutes
Charging Time	Approx. 2.5 hours

05 Maintenance & Care

a)Storage

- Turn off the battery handle switch when not in use.
- Fully charge the product before storing it in its original packaging.
- Keep in a safe, dry, ventilated, and cool location.
- Avoid twisting the power cord.
- Do not hang the product by the power cord.
- Prevent sharp objects from scratching the surface.
- Avoid direct sunlight or high-temperature environments.

b) Cleaning

- Ensure the main power switch is OFF and unplug the device before cleaning.
- Wipe the product and control panel with a dry cloth.

*Critical Notes:

- Never use corrosive agents (e.g., benzene, thinners) for cleaning.
- Avoid damp cloths to prevent malfunctions.

c) Battery Maintenance

- Fully recharge every 2 months to prevent battery damage from deep discharge.
- Keep the product clean and away from high-humidity areas.
- For long-term storage, place the product in its original packaging to avoid dust accumulation.

06 Troubleshooting Guide

If issues occur during use, refer to the following diagnostics and solutions. If unresolved, contact authorized service centers for inspection.

Symptom	Possible Causes	Resolution
No Power	1. Battery depleted 2. Power switch OFF 3. Standby mode active	1. Charge via power supply 2. Turn on power switch 3. Long-press standby button
Sudden Shutdown	1. Battery depleted 2. 5-minute timer expired 3. Overheat protection triggered 4. Motor stall protection	1. Charge immediately 2. Restart via standby button 3. Cool down & restart 4. Wait 5 sec & resume operation
Abnormally Slow Percussion	Low battery	Charge via power supply
Handle Light Ring Inoperative	1. Power switch OFF 2. Battery depleted 3. Deep battery discharge	1. Turn on power switch 2. Charge immediately 3. Charge ≥6 hrs; replace if unresponsive

07 Warranty Coverage

1. This warranty is non-transferable.
2. The valid warranty period of this product is one year.
3. From the date of purchase, users can enjoy full warranty free during the warranty period (appearance is not within the scope of warranty).
4. When requiring warranty service, please show the original purchase certificate and warranty card.
5. The purchase time shall be subject to the order placing time.
6. This warranty does not apply to leasing, trading, commercial, institutional and other residential users.
7. The following circumstances do not belong to the scope of warranty, and only paid maintenance services are provided (labor fees and material fees are charged).
   A) Any damage caused by human factors, including use under abnormal working environment, non-use and storage according to the instructions, and improper use Caused damage, etc.
   B) The user disassembles, repairs or refits the machine by himself or a third party disassembles, refits or repairs the machine without authorization of the Company.
   C) Damage caused by improper transportation after purchase.
   D) Damage caused by other force majeure factors (such as flood, disaster, lightning, earthquake, etc).

08 Environmental Protection

At the end of its service life, please do not discard the product together with general household waste.Before placing the product in the recycling station designated by the government, you can also send the product back to the after-sales service center of the manufacturer. The staff of the service center will treat the product in an environmentally sound manner.

The name and amount of the harmful substance in the product

Name of parts	Poisonous or harmful substance or element					
	Pb	Hg	Cd	Cr(VI)	PBB	PBDE
Outer Shell	○	○	○	○	○	○
Circuit board piece	X	○	○	○	○	○
Metal parts	X	○	○	○	○	○
Rubber parts	○	○	○	○	○	○
Adapter	X	○	○	○	○	○
Connection line	○	○	○	○	○	○
Handle cover	○	○	○	○	○	○

This form is prepared in accordance with SJ/T 11364
◆ Circuit board components include the components that make up the circuit board machine, such as resistors, capacitors, integrated circuits, connectors, and so on.
○ :Indicates that the content of the hazardous substance in all homogeneous materials of the part is below the limit requirements specified in GB/T 26572.
X :Indicates that the hazardous substance exceeds the limit requirements specified in GB/T 26572 in at least one homogeneous material of the part.

• Environmentally friendly use term description

The term of 10 years for the use of the electronic and electrical products under the conditions described in the instruction manual without leakage of harmful substances or elements, pollution to the environment or serious damage to human life and property.



The number in this label indicates that the environmental protection service period of the product under normal use condition is 10 years.
Some parts may also have green life labels. The green life shall be determined by the number in the labels.

• Battery Disposal Instructions

Notes for Product Disposal:



This label indicates that this product should not be disposed of with household waste but should be collected at appropriate facilities for recycling and reuse.

The lithium-ion battery used in this product is a valuable resource that can be recycled. Please, when discarding this product after use, have professionals remove the lithium-ion battery and hand it over to specialized facilities capable of recycling rechargeable batteries.

Note: Do not attempt to disassemble the battery yourself, as damaged batteries may cause harm to individuals. Damage can occur from impacts or collisions that result in uneven surfaces or punctures, exposure to fire, or other deformities. If the battery is damaged, electrolytes may leak or a fire hazard that could potentially harm individuals might occur.

• Environmental protection proposal

Dear User

Hello!
Earth is our common home, is also our only home, health is our common pursuit of the goal.
For the healthy growth of you and your family, let us together to maintain our environment, our only living environment!
Our Environmental Policy:
1. Comply with environmental laws and regulations.
2. Carry out the reduction campaign of resources, provincial energy and waste in all areas of the
enterprise
3. Gradually reduce environmental pollution on the existing basis and promote the improvement
of the surrounding environment.
4. Combine environmental protection with enterprise development.
5. Encourage employees to seek further improvement of the environment and take positive measures.

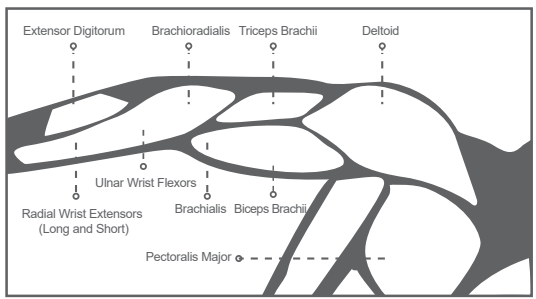
Please deal with the packaging of our products according to the following requirements

No.	Packing Items	Shape	Can be recycled	Processing Mode	Remark
1	Outer Carton	Solid	Yes	You can take it to your local recycle station	
2	Styrofoam				
3	Plastic packing bag				
4	Packing bag				
5	Bubble wrap				

09 Detailed Instructions for Local Muscle Use

Massage Location: Arm

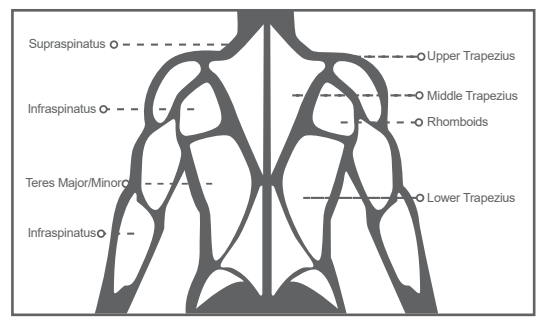
Caution: Do not use on the neck, armpits, upper arms, or the inner side of the clavicle.



Brachioradialis	10-15s	3 times	Deltoid	12-20s	3 times
Radial Wrist Flexors	10-15s	3 times	Pectoralis Major	12-20s	3 times
Palmaris Longus	12-15s	3 times	Ulnar Wrist Flexors	10-15s	3 times
Extensor Digitorum	05-10s	2 times	Radial Long Wrist Extensor	05-10s	2 times
Radial Short Wrist Extensor	05-10s	2 times	Biceps Brachii	12-20s	3 times
Brachialis	12-20s	3 times	Pectoralis Major	12-20s	3 times

Massage Location: Shoulder

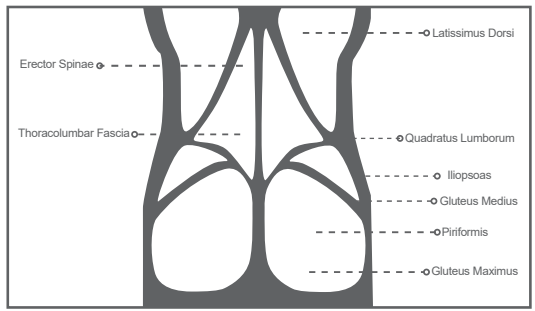
Caution: Do not use on the neck, armpits, upper arms, or the inner side of the clavicle.



Triceps Brachii	15-20s	3 times	Teres Minor	10-12s	2 times
Levator Scapulae	20-30s	3 times	Middle Trapezius	10-12s	2 times
Rhomboids	15-20s	3 times	Infraspinatus	10-12s	2 times
Teres Major	15-20s	3 times	Lower Trapezius	10-12s	2 times
Upper Trapezius	10-15s	3 times	Supraspinatus	10-12s	2 times

Massage Location: Waist

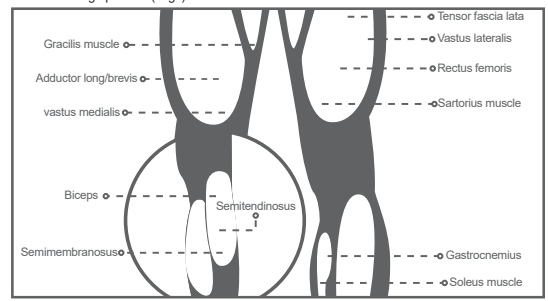
Caution: Do not use on the neck, armpits, upper arms, or the inner side of the clavicle.



Erector Spinae (Lumbar Region)	30-60s	4 times
Quadratus Lumborum	20-30s	2 times
Latissimus Dorsi	30-60s	4 times
Iliopsoas	20-30s	3 times
Thoracolumbar Fascia	40-60s	3 times
Gluteus Maximus	30-60s	4 times
Gluteus Medius	30-60s	4 times
Abdominal Obliques (Internal and External)	10-15s	2 times
Piriformis	60-90s	1 times
Erector Spinae (Thoracic Region)	15-20s	2 times

Massage Location - (Leg)

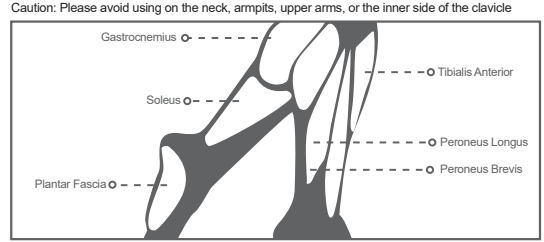
Caution: Please avoid using on the neck, armpits, upper arms, or the inner side of the clavicle.Massage position-(Legs)



Semimembranosus	20-30s	3 times	Sartorius	30-45s	2 times
Vastus lateralis	10-15s	2 times	Adductor longus	30-45s	2 times
Gracilis	10-15s	2 times	Tensor fascia lata	30-45s	1 times
Vastus medialis	10-15s	2 times	Rectus femoris	15-20s	2 times
Adductor brevis	30-45s	2 times			

Massage Location - (Foot)

Caution: Please avoid using on the neck, armpits, upper arms, or the inner side of the clavicle



Gastrocnemius	20-30s	3 times	Peroneus Longus	15-20s	2 times
Soleus	20-30s	3 times	Peroneus Brevis	15-20s	2 times
Tibialis Anterior	15-20s	2 times	Plantar Fascia	20-30s	3 times